

## Vacancy

### ***Mo-FINGER: 2-year multidomain lifestyle intervention for cognitive improvement and prevention of dementia in at-risk adults: a Randomized Controlled Trial in Mauritius***

Supported by the University of Mauritius and the Higher Education Commission

A first Interventional study aimed at prevention or delay of cognitive decline in adults at risk of dementia will be carried out among selected senior citizens in the 9 districts of Mauritius **over a period of 24 months.**

Resource persons will be remunerated on a sessional basis. There is no age limit for the posts. Interested persons can apply for the following posts:

| No. | Name of Position                                  | Duties  |
|-----|---|---|
| 1   | Study Physician(a qualified medical practitioner) | To evaluate and monitor regularly the metabolic and clinical conditions of the participants   |
| 2   | Clinical Psychologist                             | To perform individual assessments of participants' cognition, carry out cognitive training programs and monitor related individuals social activities.  |
| 3   | Nutritionist                                      | To do individual counselling sessions, tailoring of the participants' daily diets and carry out group sessions to inform and support behaviour and lifestyle changes.   |
| 4   | Physiotherapist/Physical Exercise Trainer         | To prepare, plan and Supervise tailored individual progressive muscles strength training and aerobic exercise programs, including exercises to maintain and improve postural balance and advise on participants preferred activities. |



### **Association Alzheimer (Mauritius)**

The Following documents should be attached with the application:

- Motivation letter
- CV
- Attested copies of educational certificates.

Applicants can send their applications to the **Secretary of Association Alzheimer** on the address below before the **29<sup>th</sup> July 2022.**

**Association Alzheimer**, Old Moka Rd, Belle Rose, Quatre Bornes.

Email: [associationalzheimer@intnet.mu](mailto:associationalzheimer@intnet.mu), Tel: 4660731

**Shortlisted candidates will be called for the interview.**